

## Public Health Statement for Medical Absence

**The following daycare attendee, student or employee should remain in home isolation until MCDPH isolation guidance criteria have been met.** The ill individual should **not** be required to show a negative COVID-19 test or healthcare provider's note to return to work/school/daycare.

\_\_\_\_\_  
Name of Daycare Attendee/Student/Employee

\_\_\_\_\_  
Date of Symptom Onset

Maricopa County Department of Public Health recommends that **all employees/students/daycare attendees who have symptoms consistent with COVID-19\* stay home and not return to work/school/daycare until they have met the MCDPH [Home Isolation Guidance](https://www.maricopa.gov/HomelsolationGuide) criteria** (visit <https://www.maricopa.gov/HomelsolationGuide>).

This recommendation applies **regardless of whether the individual has been tested for COVID-19 or not** and is advised to reduce overall risk of transmission of COVID-like illness before returning to work. Employees should notify their supervisor and stay home if they are sick.

It is **not recommended** that a sick individual be required to show a healthcare provider's note or test result to confirm their illness to stay home, or to document their recovery before returning to work/school/daycare.

\*Symptoms consistent with COVID-19 include:

- Fever
- Chills
- Cough
- Fatigue
- Difficulty breathing or shortness of breath
- Sore throat
- Muscle/body aches
- Headache
- New loss of taste/smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Check the CDC website for the [latest list of symptoms](#) associated with COVID-19.

**Symptoms caused by chronic medical conditions like allergies or controlled asthma do not require exclusion from work/school/daycare.**