



2023 National Association of Counties Achievement Award Submission

Learning Academy Workshop Descriptions

- **Adverse Childhood Experiences**, 25-minute Webinar
 - Exploring how potentially traumatic events that occur in childhood may affect the way people make decisions
- **Trauma Informed Care**, 30-minute Virtual Webinar
 - Developing a foundational understanding of Trauma Informed Care which assumes that individuals are more likely than not to have a history of trauma, and why is important to decrease re-traumatization
- **Executive Function Skills**, 15-minute Webinar
 - Developing a foundational knowledge of the set of mental skills that assist in planning, focusing, managing tasks, and decision making
- **Examining Our Own Implicit Bias**, 15-minute Webinar
 - Exploring the implicit bias we all have, and the importance of keeping them in check when working with clients
- **Behavioral Economics & the Scarcity Trap**, 45-minute Webinar
 - Exploring the psychological insights into human behavior to explain economic decision-making, and perception of wants, needs, and resources
- **Building a Coaching Mindset**, 3-hour In-Person Workshop
 - The key goal of evidence-based coaching is to steer how the staff works with families toward a coaching philosophy. Exploring what it means to be a coach and a case manager, when it's appropriate to play each role, and how to coach within a compliance setting
- **Stages of Change**, 2-hour In-Person Workshop
 - Exploring the concept of the Fluidity Approach, learning to identify what stage of change a client is in and how to respond appropriately
- **Making the Connection**, 2-hour In-Person Workshop
 - Providing opportunities for staff to see how they can integrate all components from previous evidence-based coaching training and introducing the framework for implementation of the 6 Steps to Family-Centered Coaching
- **Family-Centered Coaching Tools; Applying Steps 1 through 6**, 3-hour In-Person Workshop
 - Exploring ways to get into the evidence-based coaching mindset before each meeting with a client, creating a coaching practice demonstrating the flow and feel of the tools, and demonstrating how coaches provide a means for clients to take the lead of their agendas
- **CFPB Financial Empowerment; Your Money Your Goals**, 3-hour In-Person Workshop
 - Training focuses on providing easy-to-use financial empowerment tools and instruction on when, how, and who to offer tools with confidence

